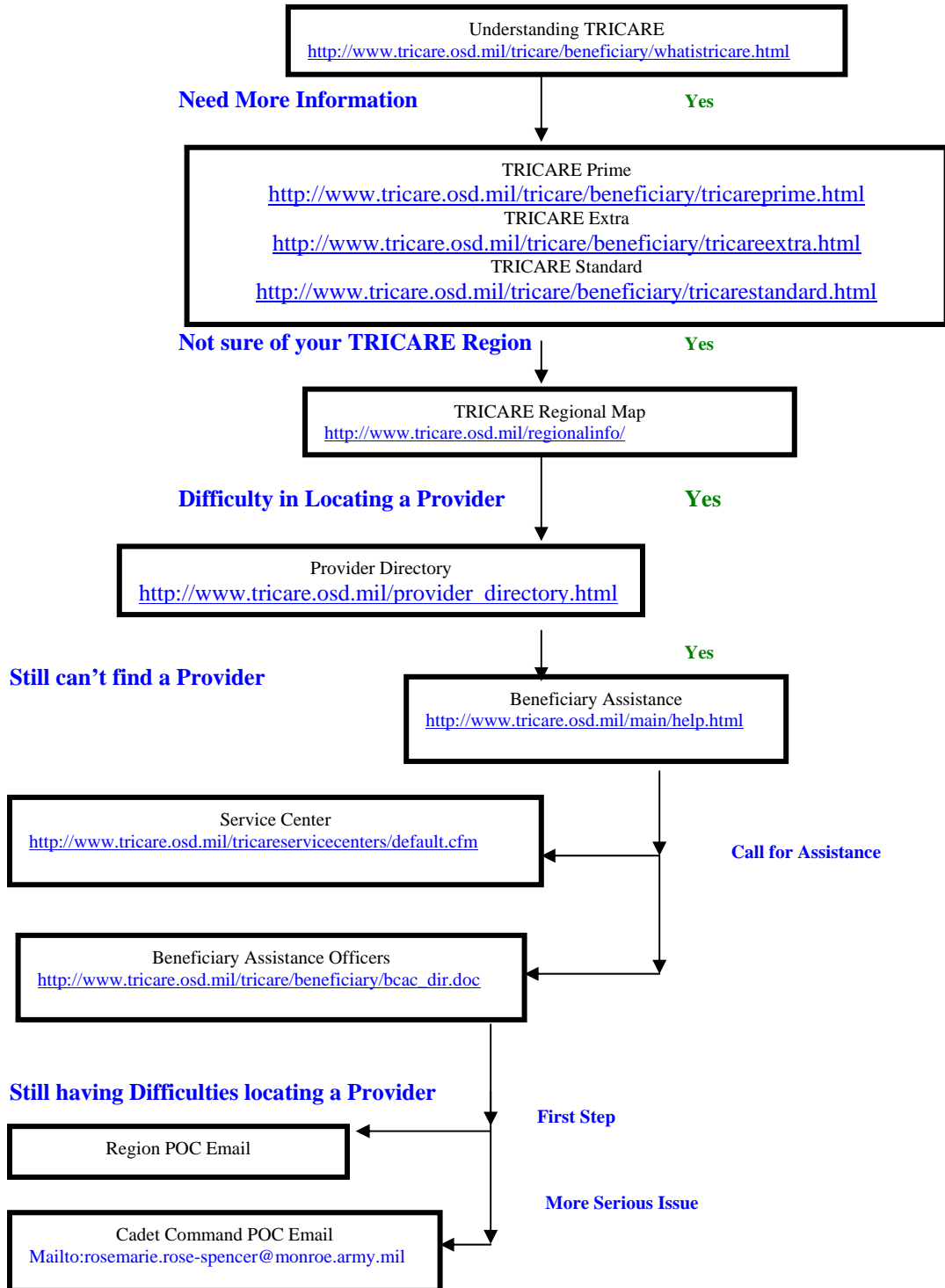


This is the quick reference guide to TRICARE services. The links in each section will take you directly to the information desired. Please note you may always call the Cadet Command TRICARE POC.

These Sections are as follows:

- **Locating a TRICARE Provider (Family Member)**
- **Payment Resolution (Family Member)**
- **Specialty Care (Family Member)**
- **Dental Programs (Family Member)**
- **TRICARE Prime Remote (Active Duty)**

Locating a TRICARE Health Care Provider



Payment Resolution

Need Information on what Medical Care will cost

TRICARE Costs
<http://www.tricare.osd.mil/tricare/beneficiary/tricar>

Need more information on TRICARE Claims

Yes

TRICARE Claims
<http://www.tricare.osd.mil/claims/>

Claim Questions and Answers
<http://www.tricare.osd.mil/claims/#faq>

Need help with your payment of your claims

Yes

Explanation of benefits (EOB)
<http://www.tricare.osd.mil/claims/EOB.ppt>

No Resolution

Claims Processor
<http://www.tricare.osd.mil/claims/>

No Resolution

Beneficiary Assistance
<http://www.tricare.osd.mil/main/help.html>

Have you received notification of Debt Collection?

Debt Collection Assistance Officers
<http://www.tricare.osd.mil/dcao/>

Still no resolution of payment

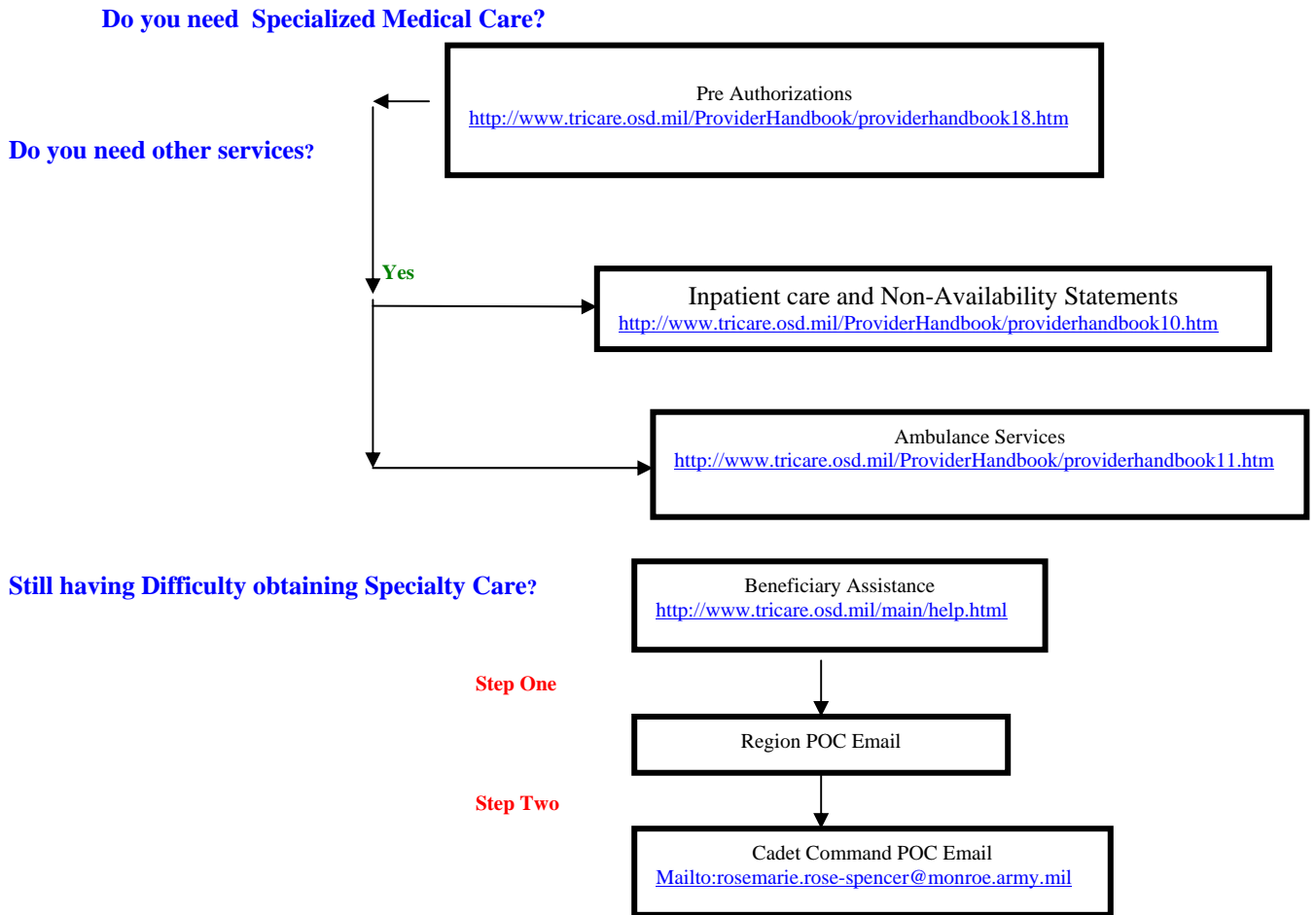
First Step

Region POC Email

More Serious Issue

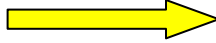
Cadet Command POC Email
[Mailto:rosemarie.rose-spencer@monroe.army.mil](mailto:rosemarie.rose-spencer@monroe.army.mil)

Specialty Care



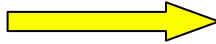
Dental Programs

General Dental Information



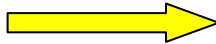
General Information
<http://www.ucci.com/tdp/tdp.html>

Need to Enroll



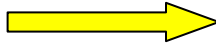
Dental Program enrolling
<http://www.ucci.com/tdp/contacts.html>

Need to locate a Dentist



Searching for a dentist
http://www.ucci.com/servlet-ucciproviderdir/WebgateServletUCCIPProviderDir?ucciproviderdir/pdsearchcriteria-frameset.html?p_network=016

No Dentist in your area



Call Customer Service **at 1800-866-8499**
Or Email Customer Service conus@ucci.com.

Bill Issues

First Step



Dental Billing
<http://www.ucci.com/tdp/contacts.html>

Second Step



Region POC Email

Third Step



Cadet Command POC Email
Mailto:rosemarie.rose-spencer@monroe.army.mil

Active Duty TRICARE PRIME Remote

Are you an Active duty soldier who needs Medical Care?



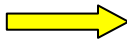
TRICARE Prime Remote Resources
<http://www.tricare.osd.mil/remote>

Not sure if you are eligible TRICARE PRIME Remote



TRICARE Prime Remote eligibility
<http://www.tricare.osd.mil/remote/eli.cfm#Whois>

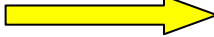
TRICARE Prime Remote Dental



<http://www.tricare.osd.mil/remote/benefit.html#Dental>

Still having Difficulties?

First Step

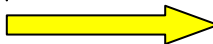


Lead Agent POC

<http://www.tricare.osd.mil/remote/leadpoc.cfm>



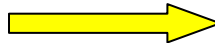
Second Step



Military Medical Support Office

<http://navymedicine.med.navy.mil/mmso/>

Third Step



Cadet Command POC Email

[Mailto:rosemarie.rose-spencer@monroe.army.mil](mailto:rosemarie.rose-spencer@monroe.army.mil)